



JANUARY | 2018

North Star Academy Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3 Pasties or Chef's Salad Veggie Bar Bananas/Peaches FF Milk, White or Choc	4 Tacos or Chef's Salad Black Beans/Veggie Bar Bananas/Apples/Pears FF Milk, White or Choc	5 French Bread Pizza or Chef's Salad Veggie Bar Bananas/Apples/Applesauce FF Milk, White or choc
8 Ravioli or Chef's Salad Green Beans/Veggie Bar Apples/Mandarin Oranges FF Milk, White or Choc	9 Hot Dogs or Chef's Salad Baked Beans/Veggie Bar Apples/Mixed Fruit FF Milk, White or Choc	10 Quesadilla with Chicken or Cheese or Chef's Salad Veggie Bar Apples/Bananas/Peaches FF Milk, White or Choc	11 Ham & Cheese Hot Pocket or chef's salad Veggie Bar/Corn Apples/Bananas/Pears FF Milk, White or Choc	12 French Bread Pizza or Chef's Salad Veggie Bar Apples/Bananas/Pineapple FF Milk, White or Choc
15 Pasta with Meatballs or Chef's salad Green Beans/Veggie Bar Apples/Applesauce FF Milk, White or Choc	16 Tacos or Chef's Salad Black Beans/Veggie Bar Apples/Pears FF Milk, White or Choc	17 Pasties or Chef's salad Veggie Bar Apples/Bananas/Peaches FF Milk, White or Choc	18 Calzone or Chef's Salad Veggie Bar/Corn Apples/Bananas/Mixed Fruit FF Milk, White or Choc	19 French Bread Pizza or Chef's Salad Veggie Bar Apples/Bananas/Mandarin Oranges FF Milk, White or Choc
22 Chili, WW Breadstick or Chefs Salad Veggie Bar/Green Beans Apples/Pears FF Milk, White or Choc	23 Sloppy Joe or Chef's Salad Veggie Bar Apples/Peaches FF Milk, White or Choc	24 Quesadilla with Chicken or Cheese, or Chef's Salad Veggie Bar Apples/Bananas/Applesauce FF Milk, White or Choc	25 Meatball Sandwich or Chef's Salad Veggie Bar/Corn Bananas/Apples/Mixed Fruit FF Milk, White or choc	26 French Bread Pizza or Chef's Salad Veggie Bar Apples/Bananas/Pineapple FF Milk, White or Choc
29 Ravioli or Chef's Salad Veggie Bar Apples/Peaches FF Milk, White or Choc	30 Tacos or Chef's Salad Black Beans/Veggie Bar Apples/Pears FF Milk, White or Choc	31 Pasties or Chef's Salad Veggie Bar Apples/Bananas/Mandarin Oranges FF Milk, White or Choc		

**This institution is
an equal
opportunity
provider**

**WE ARE A PEANUT
FREE
SCHOOL!**