

MAY | 2019

NSMA LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Pasties or Sunbutter Sandwich or Chef's Salad Veggie Bar Apples/Bananas/Pears Skim or 1% Choc Milk	2 Cheese Burger or Chef's Salad or Sunbutter Sandwich Tater Tots/Veggie Bar Apples/Bananas/Peaches Skim or 1% Choc Milk	3 Cheese Pizza or Sunbutter Sandwich or Chef's Salad Veggie Bar Apples/Bananas/Pineapple Skim or 1% Choc Milk
6 Pasta with Meat Sauce and Cheese or Sunbutter Sandwich or Chef's Salad Veggie Bar Apples/Mixed Fruit Skim or 1% Choc Milk	7 Sloppy Joe or Sunbutter Sandwich or Chef's Salad Tater Tots/Veggie Bar Apples/Applesauce Skim or 1% Choc Milk	8 Quesadilla with Chicken or Cheese or Sunbutter Sandwich or Chef's Salad Veggie Bar Apples/Bananas/Pears Skim or 1% Choc Milk	9 Hot Dogs or Sunbutter Sandwich or Chef's Salad Baked Beans/Veggie Bar Apples/Bananas/Peaches Skim or 1% choc Milk	10 French Bread Pizza or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Mandarin Oranges Skim or 1% Choc Milk
13 Chicken Nuggets or Sunbutter Sandwich or Chef's Salad Tater Tots/Veggie Bar Apples/Pears Skim or 1% Choc Milk	14 Tacos or Chef's Salad or Sunbutter Sandwich Black Beans/Veggie Bar Apples/Mixed Fruit Skim or 1% Choc Milk	15 Pasties or Sunbutter Sandwich or Chef's Salad Veggie Bar Apples/Bananas/Applesauce Skim or 1% Choc Milk	16 BBQ Rib Sandwich or Chef's Salad, or Sunbutter Sandwich Veggie Bar Apples/Bananas/Peaches Skim or 1% Choc Milk	17 Cheese Pizza or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Pineapple Skim or 1% Choc Milk
20 Meatball Sandwich or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Peaches Skim or 1% Choc Milk	21 Mini Corn Dogs or Chef's Salad or Sunbutter Sandwich Veggie Bar/Baked Beans Apples/Pears Skim or 1% Choc Milk	22 Ham & Cheese Hot Pocket or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Mixed Fruit Skim or 1% choc Milk	23 Chicken Nuggets or Chef's Salad or Sunbutter Sandwich Tater Tots/Veggie Bar Apples/Bananas/Applesauce Skim or 1% Choc Milk	24 French Bread Pizza or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Pineapple Skim or 1% Choc Milk
27 No School	28 Tacos or Chef's Salad or Sunbutter Sandwich Veggie Bar/Black Beans Apples/Mixed Fruit Skim or 1% Choc Milk	29 Pasties or Sunbutter Sandwich or Chef's Salad Veggie Bar Apples/Bananas/Peaches Skim or 1% Choc Milk	30 Calzone or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Pears Skim or 1% Choc Milk	31 Cheese Pizza or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Applesauce Skim or 1% Choc Milk

**NSMA IS AN
EQUAL
OPPORTUNITY
PROVIDER**

**WE ARE A
PEANUT FREE
SCHOOL!**