

OCTOBER | 2021

NSMA LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 French Bread Pizza or Chef's Salad or Sunbutter Sandwich Broccoli Applesauce
4 Quesadilla or Chef's Salad or Sunbutter Sandwich Carrots Mixed Fruit	5 Chicken Nuggets or Chef's Salad or Sunbutter Sandwich Tater Tots Peaches	6 Hot Diggity Dogs or Chef's Salad or Sunbutter Sandwich Baked Beans Pears	7 Spaghetti and Meatballs with a Breadstick or Chef's Salad or Sunbutter Sandwich Broccoli Tropical Fruit	8 Pizza Crunchers or Chef's Salad or Sunbutter Sandwich Celery Applesauce
11 Mac and Cheese Or Chef's Salad or Sunbutter Sandwich Broccoli Peaches	12 Taco Tuesday! Or Chef's Salad or Sunbutter Black Beans Pears	13 Pasty Day Or Chef's Salad or Sunbutter Sandwich Celery Mixed Fruit	14 Popin Popcorn Chicken Or Chef's Salad or Sunbutter Sandwich Tater Tots Applesauce	15 French Bread Pizza Boats Or Chef's Salad or Sunbutter Sandwich Carrots Tropical Fruit
18 Meatball Sandwich Or Chef's Salad or Sunbutter Sandwich Celery Pears	19 Cheeesy Cheeseburgers Or Chef's Salad or Sunbutter Sandwich French Fries Mixed Fruit	20 BREAKFAST- Pancakes, Sausages and Eggs Or Chef's Salad or Sunbutter Sandwich Carrots Applesauce	21 NEW ITEM- Sweet and Sour Chicken with Rice Or Chef's Salad or Sunbutter Sandwich Black Beans Tropical Fruit	22 Pizza Crunchers Or Chef's Salad or Sunbutter Sandwich Broccoli Peaches
25 Crazy Calzones Or Chef's Salad or Sunbutter Sandwich Carrots Mixed Fruit	26 Taco Tuesday! Or Chef's Salad or Sunbutter Sandwich Black Beans Applesauce	27 Pasty Day Or Chef's Salad or Sunbutter Sandwich Broccoli Tropical Fruit	28 Crispy Chicken Sandwich Or Chef's Salad or Sunbutter Sandwich Tater Tots Peaches	29 French Bread Pizza Boats Or Chef's Salad or Sunbutter Sandwich Celery Pears

News

Skim or 1% chocolate milk is served with every lunch!

NSMA is an equal opportunity provider.

We are a peanut free school!

Menu items are subject to change due to supply chain issues.

We are always looking for new ideas! Please feel free to share!

Any questions, ideas, concerns, or considerations, please contact me!

Adoralawry@gmail.com