



## **My child is sick, now what?**

### **Fever:**

Students should stay home with a fever, which is a temperature of 100.4 or higher. Your child can return to school if they are **fever and symptom free for 24 hours without the aid of fever-reducing medications**.

### **Vomiting/Diarrhea:**

Students should stay home if they have vomiting or diarrhea (stomach bug). Students can return to school once they are **symptom free for 24 hours without the aid of medication**.

### **Strep Throat:**

Students with strep throat should stay home from work, school, or daycare until they no longer have a fever (24 hours without the aid of fever reducing medication) and have taken antibiotics for at least 12 hours.

### **Conjunctivitis (Pink Eye):**

Students that have conjunctivitis but do not have fever or other symptoms, you may be allowed to remain at work or school **with your doctor's approval**. However, if you still have symptoms, and your activities at work or school include close contact with other people, you should not attend.

### **Colds & Coughs:**

Please use your best judgment. If the symptoms will interfere with the students ability to learn and function within the classroom, it is best to stay home until symptoms have improved.

## **CDC COVID-19 School Guidance**

If a student tests positive for COVID-19, please contact the school and follow these guidelines:

- Stay home for 5 days
- If you have no symptoms, or your symptoms are improving after 5 days (including being fever free for 24 hours without medication) you can return to school on day 6. It is recommended to wear a mask once returning to school on days 6-10.

If someone in your household tests positive for COVID-19 and you do not have symptoms, it is recommended that you wear a mask to school and continue to monitor for symptoms.

***For a full list of CDC recommendations regarding COVID-19, please visit <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>***