

OCTOBER | 2025

NSMA BREAKFAST



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Mini Pancakes Grapes Juice	2 Goldfish Cheese Sticks Apple Slices Juice	3 BeneFIT Bar Banana Juice
6 Nutri-Grain Bar Cheese Stick Applesauce Juice	7 UBR Bar Apple Slices Juice	8 Cereal Bowl Banana Juice	9 Granola Bites Yogurt Tube Applesauce Juice	10 Bagel with Strawberry Cream Cheese Apple Slices Juice
13 NO School	14 Waffle Grapes Juice	15 Mini Pancakes Grapes Juice	16 Goldfish Cheese Sticks Apple Slices Juice	17 BeneFIT Bar Banana Juice
20 Granola Bites Yogurt Cup Grapes Juice	21 UBR Bar Apple Slices Juice	22 Cereal Bowl Banana Juice	23 Granola Bites Yogurt Tube Applesauce Juice	24 Bagel with Strawberry Cream Cheese Apple Slices Juice
27 Nutri-Grain Bar Cheese Stick Applesauce Juice	28 Waffle Grapes Juice	29 Mini Pancakes Grapes Juice	30 Goldfish Cheese Sticks Apple Slices Juice	31 BeneFIT Bar Banana Juice

News

No School:
October 13th

½ Days:
October 15th & 31st

Skim or 1% chocolate
milk is served with
every breakfast.

NSMA is an equal
opportunity provider.

Menu items are
subject to change due
to supply chain
issues.

OCTOBER | 2025



NSMA Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 Meatball Sandwich Broccoli Peaches Fresh Fruit	30 Walking Tacos Black Beans Pineapple Fresh Fruit	1 Pasties Carrots Mixed Fruit Fresh Fruit	2 Chicken Nuggets Tater Tots Applesauce Fresh Fruit	3 Pepperoni French Bread Pizza Celery Pears Fresh Fruit
6 Calzones Celery Applesauce Fresh Fruit	7 Cheeseburgers Sweet Potato Fries Peaches Fresh Fruit	8 French Toast Bites with Sausages Hashbrowns Mandarin Oranges Fresh Fruit	9 Hot Dogs Baked Beans Mixed Fruit Fresh Fruit	10 Cheese Pizza Broccoli Pineapple Fresh Fruit
13 No School	14 Taco Tuesday! Black Beans Pineapple Fresh Fruit	15 Pasties Broccoli Applesauce Fresh Fruit	16 Popcorn Chicken Tater Tots Peaches Fresh Fruit	17 Pizza Crunchers Celery Mandarin Oranges Fresh Fruit
20 Mac and Cheese Broccoli Peaches Fresh Fruit	21 Chicken Sandwich Sweet Potato Fries Mixed Fruit Fresh Fruit	22 French Toast with Sausages Hashbrowns Mandarin Oranges Fresh Fruit	23 Mini Corn Dogs Baked Beans Applesauce Fresh Fruit	24 Pepperoni Stuffed Crust Pizza Celery Pineapple
27 Philly Cheesesteak Pinwheels Broccoli Peaches Fresh Fruit	28 Walking Tacos Black Beans Pineapple Fresh Fruit	29 Pasties Carrots Applesauce Fresh Fruit	30 Chicken Nuggets Tater Tots Pears Fresh Fruit	31 Bosco Sticks Celery Mandarin Oranges Fresh Fruit

News

No School Monday,
October 13th.

Half day of school
October 15th and 31st.

All meals are served
with 1% white or 2%
chocolate milk.

Every lunch has the
option of choosing hot
lunch, chef's salad, or
sunbutter sandwich.
Sunbutter lunches are
served with an option of
goldfish and/or string
cheese.

Items subject to change due
to supply chain issues.

NSMA is an equal opportunity
provider.

Any questions, comments, or
considerations, please
contact me at,

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